



LIFEgroup Discussion Questions
Sacred Joy: A study of Philippians
December 13, 2009
Philippians 3.12-21

1. As we looked at 3.1-11 last week, what did we see Paul yearning and longing for? What he did consider as rubbish?
2. What was Paul's aim in life (3.14)? If we do not aim after what we have been called to by Christ are we betraying Christ?
3. Read the following Scripture texts: 1 Corinthians 9:24-27, Philippians 3:13-14, 1 Timothy 4:7-10, 2 Timothy 4:7-8. What does this tell us about the Christian life?
4. Paul considered all his past accomplishments worthless for the sake of Christ. As DA Carson says, *Christians should never be satisfied with yesterday's grace*. How can our past accomplishments and honors sometimes get in the way of our growth in the Lord?
5. What does it mean to *forget the past*? What does it mean to *reach forward to what lies ahead*? How do we reach the end of the race (3:13-14)?
6. For the Christian, what should become more and more attractive and what should become increasing in dullness?
7. In what ways do you need to get more serious about running the race of the Christian life? Identify one or two areas where you need to discipline yourself more effectively. What could you do to improve the effectiveness of your training?