



theridgechurch

LIFEgroup Discussion Questions
Sacred Joy: A study of Philippians
December 20, 2009
Philippians 4.1-9

1. How do we stand firm (Look backward at 3.17. Also take a look at Ephesians 6.10-20)?
2. What seems to be the problem with Euodia and Syntyche (4.2-3)? What is the uniting element that needs to be the focus between the two women?
3. Who is to help with this issue of conflict (4.3)? How?
4. Why should we be happy in the Lord and rejoice (4.4)? Remember what Christ has done for you (maybe your group does communion together on this week). Read Psalm 40.2-3. I love what DA Carson says, *Happy the Christian who sees in every sin a monster that could easily snare him eternally, were it not for the grace of God.* No matter what your circumstances as Nehemiah says, *the joy of the Lord is your strength (Nehemiah 8.10).* Also, when and for how long are we to rejoice in the Lord?
5. What does Paul encourage us to be known by (4.5)?
6. What is Paul meaning when he says, *The Lord is near* (4.5)?
7. How do we defeat our anxiety (4.6-7)? Read also Psalm 91.1-2. This passage does not deny the existence of our anxieties, but what does it tell us?
8. Are we promised by Paul that we will be taken out of the problems that cause us anxiety? What are we promised (4.7)?
9. Where does reform in our lives take place (4.8)? What do these verses tell us about our thoughts: Hebrews 4.13; Psalm 139.23-24; Matthew 5.21-22, 27-30)?
10. How does a reformation of the mind and our thoughts take place? Read the following verses: John 17.17; Romans 12.2; Psalm 119.11; 2 Corinthians 10.5.
11. What do we do with what we have learned (4.9)? What is promised to us when we do this?